

DO NOT ENTER IF YOU HAVE

A high temperature

...this means you feel hot to touch on your chest or back (you do not need to measure your temperature.

OR

A new, continuous cough

...this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual.

OR

A loss or change to your sense of smell or taste

...this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal.

IF YOU HAVE ANY OF THESE SIGNS

- 1. Do not enter the school
- 2. Go home and self-isolate for 10 days
- 3. Book a COVID test (see link on the front page of our website)
- 4. Tell the school as soon as possible
- 5. Get further advice at https://phw.nhs.wales/