

### **The Dell Primary School**

## **Monthly News**

October 2018

We've made it through 1/6 of the new school year and we're half way to Christmas! And what a busy time we've had so far this term. We've done a huge amount of work with our school behaviours, established 14 pupil leadership teams and seen lots of trips out into our local & regional community and welcomed a number of visitors...including a Tyrannosaurus Rex!

Steve King, Headteacher

#### **Governing Body Annual Report to Parents**

Every year schools are required to publish a report called the Governing Body's Annual Report to Parents. Our governors' report for the 2017-18 school year was published this month. Download your copy at <a href="http://www.dell.monmouthshire.sch.uk/governors">http://www.dell.monmouthshire.sch.uk/governors</a>

#### **Our Fantastic PTA!**



Find out about all of our FANTASTIC PTA's autumn events on their autumn term event calendar at <a href="http://www.dell.monmouthshire.sch.uk/pta">http://www.dell.monmouthshire.sch.uk/pta</a>. Thanks to our team who have secured a £2866 grant for learning & block play equipment in our Foundation

Phase. Sadly, we simply cannot equip and update our school these days without external donations and grants like this and the amazing support & capacity our PTA give us.

#### **Macmillan Coffee Morning**

Congratulations to Mrs James & other parents who raised £50 on the yard after school recently selling cakes which added to their group total of £470 for a very worthy cause.



#### Applying for a Reception or Secondary School Place - 2019

If your child's date of birth is between 1st September 2014 and 31st August 2015 they will start school in Reception in September 2019. The admissions process will commence on 5th November 2018. The closing date for applications is 14th January 2019 at 12 noon. For more details & to apply securely online visit <a href="https://www.monmouthshire.gov.uk/starting-primary-school">https://www.monmouthshire.gov.uk/starting-primary-school</a>.

If your child is in Year 6, <u>now is the time to apply</u> for their secondary school place next September. The closing date for applications to Monmouthshire County Council is the **30th Nov 2018** at noon. For more details & to apply online visit <a href="https://www.monmouthshire.gov.uk/starting-secondary-school">https://www.monmouthshire.gov.uk/starting-secondary-school</a>

#### Social Media & its Impact on Children's Wellbeing

There are some fascinating reading on the impact of social media on children's health & wellbeing. Described as more addictive than cigarettes & alcohol; rates of anxiety, depression & sleep loss in young people have risen 70% in past 25 years! The very accessible & readable report from the Royal Society for Public Health is at <a href="https://www.rsph.org.uk/uploads/assets/uploaded/62be270a-a55f-4719-ad668c2ec7a74c2a.pdf">https://www.rsph.org.uk/uploads/assets/uploaded/62be270a-a55f-4719-ad668c2ec7a74c2a.pdf</a>

#### **Pupil Leadership - Children Improving Their School**

Did you know we have 14 different leadership opportunities and teams for pupils? Have a look at how we give the children opportunities to lead our school & be our 'best' role models <a href="http://www.dell.monmouthshire.sch.uk/pupil-teams">http://www.dell.monmouthshire.sch.uk/pupil-teams</a>

#### **More Local Businesses Supporting The Dell**

Looking for great Christmas gifts, made in Chepstow, packed with flavour & multi-award winning? The Preservation Society are kindly donating 10% of all Dell sales to the PTA. Just quote "The Dell" when you order online <a href="https://thepreservationsociety.co.uk">https://thepreservationsociety.co.uk</a> or via angharad@thepreservationsociety.co.uk.

#### **Professional Learning**

This month Miss Cosens attended Welsh Year 4 methodology training as well as language leadership training. Mrs Peckham, Mrs Davies & Miss Lewis attended training for Young Voices UK ahead of January's trip to Birmingham (with the children and Spandau ballet's Tony Hadley!) Mr Adams attended professional learning & curriculum reform update training, Miss Wilson & Mrs Adams attended a More Able & Talented network update meeting & Mr Adams & Mrs Cass attended Wellbeing & Equity network meetings in Newport. Mrs Hornbuckle & Mr King attended update training on eSafety with industry experts at the UK Safety Internet Centre.

#### Fresh, Free Range Eggs...

...from The Dell Farm. If you'd like fresh eggs please send in an egg box & £1.50 (per 6) in a named envelope & we'll send the eggs home when we get to you on the list. Double yokers have been common but are not guaranteed!

#### Calendar

5 Nov - INSET Day

6 Nov - Welsh Guided Reading Fortnight

6 Nov - Year 5 Playmaker training

8 Nov - Author David Solomons (Dr. Who book) visiting KS2

12 Nov - Health & Wellbeing Week

15 Nov - Bring & Buy Sale for Children in Need (school event)

16 Nov - Children in Need Day - (£1 - wear something spotty)

12-14 Nov - Scholastic Book Fair, 3.30-4.30pm

16 Nov - PTA Quiz & Chips Night

20 Nov - Year 1 trip to National Museum, Cardiff

21 Nov - Year 4 Assembly - 2.45pm

22 Nov - Year 4 Recycling Trip to One Planet Centre, Llanfoist

30 Nov - Ukulele Orchestra visit

30 Nov - PTA Disco

4 Dec - KS2 Christmas Concert, St. Mary's Parish Church - 2pm

5 Dec - Reception Christmas Concert - 9.30am

5 Dec - Year 1 Christmas Concert - 2.30pm

6 Dec - Year 1 Christmas Concert - 9.30am

6 Dec - Reception Christmas Concert - 2.30pm

6 Dec - KS2 Christmas Concert, St. Mary's Parish Church - 6pm

10 Dec - ALL CLUBS FINISH THIS WEEK

11 Dec - Whole School Trip to Pantomime, Riverfront, Newport

12 Dec - Year 2 Christmas Concert - 2.30pm

13 Dec - Year 2 Christmas Concert - 9.30am

14 Dec - Sharing Afternoon 2-3pm

14 Dec - PTA Christmas Fayre

17 Dec - Year 2 Singing Club performing at Castle Court Care Home

19 Dec - Winning House Reward!

20 Dec - Class Christmas Parties (pm)

Happiness Friendliness Trust Independence Love Respect Courage Politeness

































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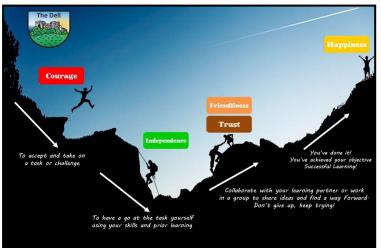
There's loads more info on our website www.dell.monmouthshire.sch.uk

# 15 ways to promote and support Good Mental Health

- 1. Make sure you get enough sleep
- 2. Eat healthy food and drink healthy drinks
- 3. Learn how to relax and switch off
- 4. Connect with friends and family
- 5. Learn new things every day
- C. Help others whenever you can
- 7. Exercise each day
- 8. Talk about your feelings
- 9. Be mindful and take notice of what is happening around you
- 10. Be thankful for all the things you have
- 11. Set goals for yourself and embrace your wishes and dreams
- 12. Challenge any negative thoughts
- 13. Learn how to smile more!
- 14. Ask for help if you have a problem
- 15. Have fun and laugh!



This month saw our most 'Liked' (61) and 'Retweeted' (33) tweet ever!



### Our Behaviours for Learning

